

June

https://twitter.com/MSTM_Volleyball

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
			1 7:30 – 8:30 weights/agility	2 HS Gym Closed	3 7:30 – 8:30 weights/agility	4
5 Basketball Pick up 5:30 – 7:30	6 7:30 – 8:30 weights/agility VB Open Gym 9:15-10:45 AM	7	8 7:30 – 8:30 weights/agility VB Open Gym 9:15-10:45 AM	9	10 Elem Gym Closed 7:30 – 8:30 weights/agility	11
12 Basketball Pick up 5:30 – 7:30	13 7:30 – 8:30 weights/agility	14	15 7:30 – 8:30 weights/agility VB Open Gym 9:15-10:45 AM	16	17 7:30 – 8:30 weights/agility	18
19 Basketball Pick up 5:30 – 7:30	20 7:30 – 8:30 weights/agility	21	22 7:30 – 8:30 weights/agility VB Open Gym 9:15-10:45 AM	23	24 7:30 – 8:30 weights/agility	25 XXXXXX
26 Basketball Pick up 5:30 – 7:30 XXXX	27 7:30 – 8:30 weights/agility VB Open Gym 9:15-10:45 AM	28	29 7:30 – 8:30 weights/agility VB Open Gym 9:15-10:45 AM	30		

2016

July

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<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
					1 7:30 – 8:30 weights/agility	2 XXXXX
3 XXXXXXX	4	5	6 7:30 – 8:30 weights/agility NO OPEN GYM	7	8 7:30 – 8:30 weights/agility	9
10 Basketball Pick up 5:30 – 7:30	11 7:30 – 8:30 weights/agility	12	13 7:30 – 8:30 weights/agility VB Open Gym 9:15-10:45 AM	14	15 7:30 – 8:30 weights/agility	16 XXXXXX
17 XXXXXX	18 7:30 – 8:30 weights/agility	19	20 7:30 – 8:30 weights/agility VB Open Gym 9:15-10:45 AM	21	22 7:30 – 8:30 weights/agility	23 XXXXXX
24 XXXXXXX	25	26	27 7:30 – 8:30 weights/agility Parent/Player MEETING 7:00 PM	28	29 7:30 – 8:30 weights/agility	30
31		GET YOUR PHYSICALS COMPLETED AND TURNED IN	Sign and return volleyball contract			

2016

August

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
	1 4-6 th VB Camp 9:00-11:00 AM 7 th -8 th VB Camp 12:00-2:30 PM	2 4-6 th VB Camp 9:00-11:00 AM 7 th -8 th VB Camp 12:00-2:30 PM	3 9 th VB Camp 8:00-10:00 AM 9 th -12 th VB Camp 10:00-12:00 PM 9 th -12 th VB Camp 1:00-3:00 PM	4 9 th VB Camp 8:00-10:00 AM 9 th -12 th VB Camp 10:00-12:00 PM 9 th -12 th VB Camp 1:00-3:00 PM	5 9 th VB Camp 8:00-10:00 AM 9 th -12 th VB Camp 10:00-12:00 PM 9 th -12 th VB Camp 1:00-3:00 PM	6 XXXXXX
7	8 FIRST OFFICAL PRACTICE 9 th -12 th VB Practice 7:00-10:00 AM 12:00-2:00 PM	9 9 th -12 th VB Practice 7:00-10:00 AM 12:00-2:00 PM	10 9 th -12 th VB Practice 7:00-10:00 AM 12:00-2:00 PM	11 9 th -12 th VB Practice 7:00-10:00 AM 12:00-2:00 PM	12 9 th -12 th VB Practice 7:00-10:00 AM 12:00-2:00 PM	13 XXXXXX
14	15 9 th -12 th VB Practice 8:00-11:00 AM	16 9 th -12 th VB Practice 3:30-6:30 PM	17 9 th -12 th VB Practice 3:30-6:00 PM	18 9 th -12 th VB Practice 3:30-6:30 PM Fundraiser Start	19 North Scrimmage 4 PM HOME	20
21	22 NO PRACTICE PK-12 Open House 6:00-7:00 PM	23 9 th -12 th VB Practice 3:30-6:30 PM	24 9 th -12 th VB Practice 3:30-6:00 PM	25 9 th -12 th VB Practice 3:30-6:30 PM Fundraiser End	26 9 th -12 th VB Practice 3:30-5:30 PM FB Home Truro	27 Clarke Tournament
28	29	30 AWAY Nodaway Valley	31 Team Meal 6:30 PM Freshman Parents			

During camp week the 9th grade students will have a break from 10:00 to 11:00 AM

2016