

January 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 Christmas Break	3 6:45 Weights 3:15-5ish	4 6:45 Weights 3:15-5ish	5 6:15 Weights 7:00 Agility in OG 3:15-5ish	6	7
8	9 6:45 Weights 3:15-5ish	10 6:45 Weights	11 NO SCHOOL – PD DAY	12 6:15 Weights 7:00 Agility in OG 3:15-5ish	13	14
15	16 6:45 Weights 3:15-5ish	17 6:45 Weights 3:15-5ish	18 6:45 Weights 3:15-5ish	19 6:45 Weights 3:15-5ish	20 6:45 Weights 3:15-5ish	21
22	23 6:15 Weights 7:00 Agility in NG 3:15-5ish	24 6:45 Weights	25 7:00 Agility in NG 1:00 PM - Dismissal	26 6:45 Weights 3:15-5ish	27 6:15 Weights 7:00 Agility in NG 3:15-5ish	28
29	30 6:15 Weights 7:00 Agility in NG	31 6:45 Weights				

February 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 7:00 Agility in NG <u>National Signing Day</u>	2 6:45 Weights 3:15-5ish	3 6:15 Weights 7:00 Agility in NG 3:15-5ish	4
5	6 6:15 Weights 7:00 Agility in NG 3:15-5ish	7 6:45 Weights 3:15-5ish	8 7:00 Agility in NG 3:15-5ish	9 6:45 Weights 3:15-5ish	10 6:15 Weights 7:00 Agility in NG 3:15-5ish	11
12	13 6:15 Weights 7:00 Agility in NG 3:15-5ish	14 6:45 Weights 3:15-5ish	15 7:00 Agility in NG 1:00 PM – Dismissal	16 6:45 Weights 3:15-5ish	17 6:15 Weights 7:00 Agility in NG 3:15-5ish	18
19	20 6:15 Weights 7:00 Agility in NG	21 6:45 Weights Football Meeting during seminar	22 7:00 Agility in NG	23 6:45 Weights	24 6:15 Weights 7:00 Agility in NG 3:15-5ish	25
26	27 6:15 Weights 7:00 Agility in NG	28 6:45 Weights				

March 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 7:00 Agility in NG	2 6:45 Weights	3 7:00 Agility in NG Coaches Clinic	4 Coaches Clinic
5	6 6:45 Weights Max Out/Lift-a- thon	7 6:45 Weights Max Out/Lift-a- thon	8 6:45 Weights Max Out/Lift-a- thon	9 6:45 Weights Max Out/Lift-a- thon	10 1:00 PM – Dismissal Start of Spring	11
12	13 Spring Break	14 Spring Break	15 Spring Break	16 Spring Break	17 Spring Break	18
19	20 6:15 Weights 7:00 Agility in NG	21 6:45 Weights	22 7:00 Agility in NG 1:00 PM – Dismissal	23 6:45 Weights	24 6:15 Weights 7:00 Agility in NG	25
26	27 6:15 Weights 7:00 Agility in NG	28 6:45 Weights	29 7:00 Agility in NG	30 6:45 Weights	31 6:15 Weights 7:00 Agility in NG	