



2019 MStM Cross Country Schedule

Wednesday, August 28th Team Pictures- 3:30
Thursday, August 29th 4:30pm Collins - Maxwell

Tuesday, September 5th 4:30 pm West Central Valley

Tuesday, September 10th 4:30pm Winterset

Thursday, September 12 - Sunday, September 15th Colorado Training Trip Leave 5am- Return 6pm

Thursday, September 19th 4:30 pm SoutWest Valley - Lake Icaria

Thursday, September 26th 4:30pm AC/GC

Saturday, September 28th 5K Fundraiser 8:00am

Tuesday, October 1st 4:30pm Clarke

Monday, October 7th 5:00pm Nodaway Valley (Green Field Golf Course)

Thursday, October 10th 5:00pm Saydel

Tuesday, October 15th 4:00pm Wayne (POI Conference)

Thursday, October 17th 4:30pm Mount Ayr

**Saturday, Ocotber 19th JH State 2:00pm Ankeny Centennial HS

Thursday, October 24th Substate TBD

Saturday, November 2nd State Meet Kennedy Park, Fort Dodge