

# MstM High School Girls State Track & Field Participants

1975	Bonnie Frueh	High Jump	2007	Lexie Smith	Distance Medley
1976	Karen Croat	400 Meters		Kelli Sherwood	Distance Medley
1976	Bonnie Frueh	High Jump		Meghan Halverson	Distance Medley
1977	Bonnie Frueh	High Jump		Carrie Wood	Distance Medley
1984	Stephanie Weaver	100 Meters	2008	Lexie Smith	Long Jump
1985	Stephanie Weaver	100 Meters		Kelli Sherwood	Discus
1986	Stephanie Weaver	200 Meters	2008	Taylor Johnson	100 Hurdles
1987	Stephanie Weaver	200 Meters	2008	Lexie Smith	4 x 100 Relay
1988	Tina Gehringer	Shot Put		Megan Simms	4 x 100 Relay
1998	Jennifer Alexander	High Jump		Carrie Wood	4 x 100 Relay
<b>1999</b>	<b>Jennifer Alexander</b>	<b>High Jump (5<sup>th</sup>)</b>		Taylor Johnson	4 x 100 Relay
<b>2000</b>	<b>Jennifer Alexander</b>	<b>High Jump (1<sup>st</sup>)</b>	<b>2009</b>	<b>Meagan Streyffeler</b>	<b>100 Hurdles (7<sup>th</sup>)</b>
2000	Jennifer Eyberg	Shuttle Hurdles	2009	Meagan Streyffeler	400 Hurdles
	Shannon Matlage	Shuttle Hurdles	<b>2009</b>	<b>Taylor Johnson</b>	<b>Shuttle Hurdles (5<sup>th</sup>)</b>
	Kenna Wheeldon	Shuttle Hurdles		<b>Beth Rucker</b>	<b>Shuttle Hurdles (5<sup>th</sup>)</b>
	Jennifer Alexander	Shuttle Hurdles		<b>Megan Simms</b>	<b>Shuttle Hurdles (5<sup>th</sup>)</b>
2003	Tiffany King	High Jump		<b>Meagan Streyffeler</b>	<b>Shuttle Hurdles (5<sup>th</sup>)</b>
2004	Tiffany King	High Jump	2009	Carrie Wood	4 x 400 Relay
2004	Amanda Weaver	800 Meters		Morgan Halverson	4 x 400 Relay
2004	Sam Turnbull	4 x 800 Relay		Meghan Halverson	4 x 400 Relay
	Melissa Parker	4 x 800 Relay		Meagan Streyffeler	4 x 400 Relay
	Kate Dembinski	4 x 800 Relay	2009	Meghan Halverson	4 x 800 Relay
	Amanda Weaver	4 x 800 Relay		Morgan Halverson	4 x 800 Relay
<b>2005</b>	<b>Tiffany King</b>	<b>High Jump (3<sup>rd</sup>)</b>		Katie Butcher	4 x 800 Relay
2005	Ashley Coats	4 x 400 Relay		Carrie Wood	4 x 800 Relay
	Sam Turnbull	4 x 400 Relay	2009	Megan Simms	Distance Medley
	Amanda Weaver	4 x 400 Relay		Morgan Halverson	Distance Medley
	Erin Davitt	4 x 400 Relay		Meghan Halverson	Distance Medley
<b>2006</b>	<b>Tiffany King</b>	<b>High Jump (3<sup>rd</sup>)</b>		Carrie Wood	Distance Medley
2007	Erin Davitt	Discus	2010	Lexie Smith	Long Jump
2007	Carrie Wood	800 Meters	2010	Morgan Halverson	High Jump
2007	Carrie Wood	4 x 400 Relay	2010	Mackenzie Morrison	Discus
	Sam Turnbull	4 x 400 Relay	2010	Meagan Streyffeler	100 Hurdles
	Kate Dembinski	4 x 400 Relay	<b>2010</b>	<b>Meagan Streyffeler</b>	<b>400 Hurdles (3<sup>rd</sup>)</b>
	Meghan Halverson	4 x 400 Relay	2010	Taylor Johnson	Shuttle Hurdles
2007	Meghan Halverson	4 x 800 Relay		Beth Rucker	Shuttle Hurdles
	Sam Turnbull	4 x 800 Relay		Megan Simms	Shuttle Hurdles
	Kate Dembinski	4 x 800 Relay		Meagan Streyffeler	Shuttle Hurdles
	Carrie Wood	4 x 800 Relay			

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2010	Lexie Smith	4 x 200 Relay	2011	Jordan Williamson	Sprint Medley
	Megan Simms	4 x 200 Relay		Cori Williamson	Sprint Medley
	Sam Norris	4 x 200 Relay		Andria Harper	Sprint Medley
	Carrie Wood	4 x 200 Relay		Katie Schrod	Sprint Medley
2010	Carrie Wood	4 x 400 Relay	2011	Hannah Shnurman	Distance Medley
	Lexie Smith	4 x 400 Relay		Andria Harper	Distance Medley
	Morgan Halverson	4 x 400 Relay		Riley Dunn	Distance Medley
	Meagan Streiffeler	4 x 400 Relay		Morgan Halverson	Distance Medley
2010	Morgan Halverson	4 x 800 Relay	2012	Meagan Streiffeler	100 Hurdles
	Katie Butcher	4 x 800 Relay	2012	Emily Murphy	200 Meters
	Katie Schrod	4 x 800 Relay	<b>2012</b>	<b>Meagan Streiffeler</b>	<b>400 Hurdles (4<sup>th</sup>)</b>
	Carrie Wood	4 x 800 Relay	2012	Dani Trom	400 Hurdles
2010	Taylor Johnson	Sprint Medley	2012	Riley Dunn	800 Meters
	Megan Simms	Sprint Medley	2012	Riley Dunn	1500 Meters
	Lexie Smith	Sprint Medley	2012	Beth Rucker	Shuttle Hurdles
	Carrie Wood	Sprint Medley		Hannah Shnurman	Shuttle Hurdles
2011	Hannah Shnurman	Discus		Meagan Streiffeler	Shuttle Hurdles
2011	Meagan Streiffeler	100 Hurdles		Dani Trom	Shuttle Hurdles
2011	Meagan Streiffeler	400 Hurdles	2012	Bethany Phillips	4 x 100 Relay
2011	Dani Trom	400 Hurdles		Hannah Shnurman	4 x 100 Relay
2011	Laura Lacquement	400 Meters		Laura Lacquement	4 x 100 Relay
2011	Morgan Halverson	800 Meters		Cassidy Phillips	4 x 100 Relay
2011	Dani Trom	Shuttle Hurdles	2012	Bethany Phillips	4 x 200 Relay
	Hannah Shnurman	Shuttle Hurdles		Cassidy Phillips	4 x 200 Relay
	Beth Rucker	Shuttle Hurdles		Andria Harper	4 x 200 Relay
	Meagan Streiffeler	Shuttle Hurdles		Laura Lacquement	4 x 200 Relay
2011	Hannah Shnurman	4 x 200 Relay	<b>2012</b>	<b>Emily Murphy</b>	<b>4 x 400 Relay (5<sup>th</sup>)</b>
	Cori Williamson	4 x 200 Relay		<b>Morgan Halverson</b>	<b>4 x 400 Relay (5<sup>th</sup>)</b>
	Andria Harper	4 x 200 Relay		<b>Meagan Streiffeler</b>	<b>4 x 400 Relay (5<sup>th</sup>)</b>
	Cassidy Phillips	4 x 200 Relay		<b>Kylah Schumacher</b>	<b>4 x 400 Relay (5<sup>th</sup>)</b>
2011	Morgan Halverson	4 x 400 Relay	<b>2012</b>	<b>Bethany Phillips</b>	<b>Distance Medley (5<sup>th</sup>)</b>
	Katie Schrod	4 x 400 Relay		<b>Emily Murphy</b>	<b>Distance Medley (5<sup>th</sup>)</b>
	Laura Lacquement	4 x 400 Relay		<b>Kylah Schumacher</b>	<b>Distance Medley (5<sup>th</sup>)</b>
	Meagan Streiffeler	4 x 400 Relay		<b>Morgan Halverson</b>	<b>Distance Medley (5<sup>th</sup>)</b>
<b>2011</b>	<b>Riley Dunn</b>	<b>4 x 800 Relay (7<sup>th</sup>)</b>	<b>2012</b>	<b>Morgan Halverson</b>	<b>4 x 800 Relay (3<sup>rd</sup>)</b>
	<b>Katie Schrod</b>	<b>4 x 800 Relay (7<sup>th</sup>)</b>		<b>Riley Dunn</b>	<b>4 x 800 Relay (3<sup>rd</sup>)</b>
	<b>Katie Butcher</b>	<b>4 x 800 Relay (7<sup>th</sup>)</b>		<b>Nicole Shutt</b>	<b>4 x 800 Relay (3<sup>rd</sup>)</b>
	<b>Morgan Halverson</b>	<b>4 x 800 Relay (7<sup>th</sup>)</b>		<b>Kylah Schumacher</b>	<b>4 x 800 Relay (3<sup>rd</sup>)</b>

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2013	Dani Trom	100 Hurdles	2017	Zoey Minor	Distance Medley
2013	Emily Murphy	200 Meters		Olivia Sowder	Distance Medley
2013	Dani Trom	400 Hurdles		Hannah Sweet	Distance Medley
2013	Bethany Phillips	4 x 100 Relay		Jensen Archibald	Distance Medley
	Cassidy Phillips	4 x 100 Relay	2018	Zoey Minor	High Jump
	Emily Murphy	4 x 100 Relay	<b>2018</b>	<b>Kylie Sherwood</b>	<b>Discus (6<sup>th</sup>)</b>
	Laura Lacquement	4 x 100 Relay	2018	Katelyn Amfah	4 x 100 Relay
2013	Gentry Davidson	Shuttle Hurdles		Hannah Sweet	4 x 100 Relay
	Madison Newbury	Shuttle Hurdles		Maria Sanz	4 x 100 Relay
	Jenna Nielsen	Shuttle Hurdles		Jensen Archibald	4 x 100 Relay
	Dani Trom	Shuttle Hurdles	2018	Katelyn Amfah	4 x 200 Relay
2013	Bethany Phillips	4 x 200 Relay		Zoey Minor	4 x 200 Relay
	Emily Murphy	4 x 200 Relay		Jensen Archibald	4 x 200 Relay
	Katie Schrod	4 x 200 Relay		Hannah Sweet	4 x 200 Relay
	Laura Lacquement	4 x 200 Relay	2019	Kylie Keller	4 x 100 Relay
2013	Nicole Shutt	4 x 400 Relay		Jensen Archibald	4 x 100 Relay
	Katie Schrod	4 x 400 Relay		Emmi Satokangas	4 x 100 Relay
	Dani Trom	4 x 400 Relay		Hannah Sweet	4 x 100 Relay
	Emily Murphy	4 x 400 Relay	2019	Kylie Keller	4 x 200 Relay
2014	Bethany Phillips	100 Meters		Hannah Sweet	4 x 200 Relay
2014	Dani Trom	100 Hurdles		Emmi Satokangas	4 x 200 Relay
<b>2014</b>	<b>Dani Trom</b>	<b>400 Hurdles (8<sup>th</sup>)</b>		Jensen Archibald	4 x 200 Relay
2014	Bethany Phillips	4 x 100 Relay	2019	Katelyn Amfah	Sprint Medley
	Paiten Gavin	4 x 100 Relay		Emmi Satokangas	Sprint Medley
	Jenna Nielson	4 x 100 Relay		Hannah Sweet	Sprint Medley
	Laura Lacquement	4 x 100 Relay		Jensen Archibald	Sprint Medley
2015	Zoey Minor	High Jump			
2015	Emily Murphy	400 Meters			
2015	Bethany Phillips	4 x 100 Relay			
	Kylie Reindl	4 x 100 Relay	2021	Kylie Keller	200 Meters
	Gentry Davidson	4 x 100 Relay	2021	Brynnly German	400 Hurdles
	Emily Murphy	4 x 100 Relay	2021	Carolyn Amfah	4 x 100 Relay
2015	Kaitlyn Schad	Sprint Medley		Anna Parrott	4 x 100 Relay
	Kylie Reindl	Sprint Medley		Brynnly German	4 x 100 Relay
	Bethany Phillips	Sprint Medley		Kylie Keller	4 x 100 Relay
	Emily Murphy	Sprint Medley	2021	Carolyn Amfah	4 x 200 Relay
2016	Kylie Sherwood	Discus		Anna Parrott	4 x 200 Relay
2017	Morgan Dunn	Long Jump		Brynnly German	4 x 200 Relay
2017	Zoey Minor	High Jump		Kylie Keller	4 x 200 Relay

**2020 – No state meet held due to Covid19**

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2021	Carolyn Amfahr	Sprint Medley
	Anna Parrott	Sprint Medley
	Brynnly German	Sprint Medley
	Kylie Keller	Sprint Medley