


2022

HAPPY NEW YEAR!

JANUARY

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Monday	Tuesday	Wednesday	Thursday	Friday
1/3 - Day B4 <u>Cereal, Toast</u> Tomato / Chicken Noodle Soup Grilled Cheese Sandwich Carrots/Celery Pears	1/4 - Day A5 <u>Sausage, Cheese Biscuit</u> Orange Chicken Rice Asian Blend Veggies Mixed Veggies Pineapple	1/5 - Day B6 <u>French Toast, Sausage</u> Goulash Garlic Bread Lettuce/Dressing Green Beans Mixed Fruit	1/6 - Day A1 <u>Chocolate Donut</u> Breaded Chicken JH/HS PB&J Corn Broccoli Mandarin Oranges	1/7 - Day B2 <u>Breakfast Pizza</u> BBQ Pulled Pork Whole Grain Bun Baked Beans Coleslaw Peaches
1/10 - Day A3 <u>Cereal, Toast</u> Corn Dog Broccoli Mixed Veggies Applesauce	1/11 - Day B4 <u>Egg Omelet, Toast</u> Taquito Nacho Cheese Sauce Green Beans, Peas Strawberries	1/12 - Day A5 <u>Pancake, Sausage</u> Chicken Fajita/Soft Shell Lettuce/Cheese/Salsa Corn Mixed Fruit	1/13 - Day B6 <u>Mini Bagel w/Cream Cheese</u> Shrimp JR/SR PB&J Carrots Broccoli Normandy Sidekick	1/14 - Day A1 - Early Out <u>Breakfast Pizza</u> Meatball Sub Whole Grain Bun Broccoli Baked Beans Peaches
1/17 NO SCHOOL Martin Luther King JR Day	1/18 - Day B2 <u>Egg, Cheese Biscuit</u> Hot Ham/Cheese Sandwich Whole Grain Bun Green Beans Carrots Applesauce	1/19 - Day A3 <u>Biscuit, Sausage Gravy</u> Pizza Corn Broccoli Normandy Mixed Fruit	1/20 - Day B4 <u>Long John</u> Breaded Pork Patty Mashed Potatoes/Gravy Mixed Veggies Mandarin Oranges	1/21 - Day A5 <u>Breakfast Pizza</u> Sloppy Joe Whole Grain Bun Baked Beans Broccoli Peaches
1/24 - Day B6 <u>Cereal, Toast</u> Turkey, Gravy Mashed Potatoes Bread Green Beans Pears	1/25 - Day A1 <u>Egg Omelet, Toast</u> Cheeseburger Whole Grain Bun French Fries Carrots Pineapple	1/26 - Day B2 <u>French Toast, Sausage</u> Chicken Alfredo Bread Lettuce/Dressing Peas Mixed Fruit	1/27 - Day A3 <u>Cinnamon Bun</u> Hot Dog Whole Grain Bun Mixed Veggies Broccoli Strawberries	1/28 - Day B4 <u>Breakfast Pizza</u> Z-Rib Patty Whole Grain Bun Baked Beans Corn Peaches
1/31 - Day A5 <u>Cereal, Toast</u> Philly Cheese Steak Sandwich Whole Grain Bun Baked Beans Mixed Veggies Applesauce			Please bear with us, as we try and stay as close to the menu as possible. Due to supply, items may not be available and we will have to substitute with another.	BreakFast In addition to what is on the menu, we also offer: Breakfast Bars, Poptarts, Fresh Fruit & Juice

1% White Milk, Skim Chocolate Milk, and Water are offered with both meals. The elementary lunch substitution will be a sunbutter sandwich with jelly.

*This institution is an equal opportunity provider. A complete "Non-Discrimination Statement" may be found at www.mstm.us under the lunch tab.